Ferdinand Elementary January Menus

Monday	Tuesday	Wednesday	Thursday	Friday
	3 NO SCHOOL	4 NO SCHOOL		6 B: Waffles, Fruit, Juice
			L: Spaghetti with Meat Sauce	L: Cheese Quesadilla
			Carrots	Chips with Salsa
A EAR			Bread Stick	Refried Beans
			Mixed Fruit	Applesauce
9	10	11	12	13
B: Cereal, String Cheese, Fruit, Juice	B: Scrambled Eggs, Toast, Fruit, Juice	B: Biscuit and Gravy, Fruit, Juice	B: French Toast Sticks, Fruit, Juice	B: Breakfast Pizza, Fruit, Juice
L: Chicken n Dumplings	L: Deli Turkey with Cheese Sandwich	L: Bosco Cheese Stick	L: Chicken Patty on Bun	L: Chef Salad
Corn	Sweet Potato Fries	Potato Wedges *	ら ¥ Curly Fries	Diced Ham, Tomatoes
Black Beans	Cauliflower	Red Peppers	Mixed Vegetables	Cheese, Carrots
Cinnamon Apples	Applesauce	Apples	Oranges	Gold Fish Crackers
		8	76	Peaches
16	17	18	19	20
NO SCHOOL	3: Cereal Bar, String Cheese, Fruit, Juice	-	B: Pancakes, Fruit, Juice	B: Yogurt, Toast, Fruit, Juice
	L: Pizza Crunchers	L: Sausage and Egg Sandwich	L: Sloppy Joe on Bun	L: Hot Dog or Polish Sausage
	Waffle Fries	Tator Tots	Broccoli	French Fries
	Corn	Peas	Corn	Sauerkraut
	Applesauce	Orange Juice	Peach Cobbler	Kidney Beans
				Pears
23	24 NATIONAL PEANUT BUTTER DAY			27
B: Cereal, String Cheese, Fruit, Juice	B: French Toast Sticks, Fruit, Juice	B : Biscuit and Gravy, Fruit, Juice	B : Pastry, String Cheese, Fruit, Juice	B: Assorted Muffin, Fruit, Juice
L: Salisbury Steak or BBQ Rib	L: Grape Uncrustable	L: Corn Dog	L: Hamburger or Cheeseburger	L: Grilled Cheese
Rice	Buttered Noodles	Potato Smiles	French Fries	Tomato Soup
Black Beans	Peas	Carrots	Tomato	Salad
Mixed Vegetables	Cauliflower	Grapes	Pears	Crackers
Mixed Fruit	Peaches			Applesauce
30	31			
B: Cereal, String Cheese, Fruit, Juice		,		
L: Chicken Tenders	L: BBQ Meatballs	7	170	
Mashed Potatoes with Gravy	Sun Chips			
Green Beans	Cauliflower		1/1-5	
Strawberries	Corn		1 July	
	Pears			